This questionnaire is designed to help you decide if you need to see a doctor before obtaining a hearing device. If you have any medical questions or concerns about your hearing, you should see a doctor no matter what your score is on this questionnaire.

## **Questions about your Ears and Hearing**

## Circle "Yes" or "No"

| 1. When talking on a telephone, do you understand what people say better in one ear than the other? | Yes    | No |  |  |  |  |
|---|--------|----|--|--|--|--|
| 2. Did the hearing loss in either of your ears develop suddenly?                                    |        |    |  |  |  |  |
| 3. Have you ever had a sudden permanent change in your hearing?                                     |        |    |  |  |  |  |
| 4. Do you have hearing loss in only one ear?  | Yes    | No |  |  |  |  |
| 5. Do you hear better in one ear than the other?  | Yes    | No |  |  |  |  |
| 6. Does your hearing change from day to day?  | Yes    | No |  |  |  |  |
| 7. As an adult, have you ever had more than one infection in the same ear during one year?          | Yes    | No |  |  |  |  |
| 8. Have you ever noticed pus, blood or other active fluid discharge from your ear                   | r? Yes | No |  |  |  |  |
| 9. Have you ever been told by a physician that you have Meniere's disease?                          | Yes    | No |  |  |  |  |
|   |        |    |  |  |  |  |

- 10. Overall, how would you rate your health?
- □ Very good □Good □Poor □ Very poor 11. How often do you have dizziness? □Never □Occasionally □Frequently □Always 12. How would you rate your balance? □ Very good □Good □Poor □ Very poor

13. Do you have tinnitus, such as ringing, roaring, or cricket-like sounds in your ears?

If you answered "No", skip to question 14.

13a. If yes to 13, do you have tinnitus in (check one):

- Right EarLeft Ear
- □ Both Ears
- Unsure Unsure

13b. If yes to 13a, do you have any of the following symptoms with your tinnitus?

| Dizziness                  | Yes | No |
|----------------------------|-----|----|
| Pressure in the ear        | Yes | No |
| Fullness in the ear        | Yes | No |
| Plugged feeling in the ear | Yes | No |

14. Have you ever had any of the following symptoms lasting longer than 10 minutes?

| Sudden drop in hearing in one or both ears   | Yes | No |
|--|-----|----|
| A rapid change in vision in one or both eyes | Yes | No |

15. In the past 3 months, have you had any of the following symptoms?

| Any persistent discharge from either ear                  | Yes | No |  |
|---|-----|----|--|
| Pus or blood in your ears                                 | Yes | No |  |
| Any persistent pain in or around either ear               | Yes | No |  |
| A change in hearing in one or both ears                   | Yes | No |  |
| A head cold or sinus problem that made your hearing worse |     |    |  |
| Dizziness   | Yes | No |  |
| Fell because of poor balance                              | Yes | No |  |
| A persistent or recurring headache                        | Yes | No |  |
| Recurring fever, night sweats, chills                     | Yes | No |  |

Yes No

## **Score Sheet**

Please proceed with scoring only if you have finished answering all questions on pages 1 and 2. Check on pages 1 and 2 to ensure you have answered all 15 questions before you calculate your score.

For the following questions count the number of times you have responded "yes":

| Question #      | 1                                      | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|-----------------|--|---|---|---|---|---|---|---|---|
| Number of "yes" |  |   |   |   |   |   |   |   |   |
|                 | Add the numbers in the boxes above [A] |   |   |   |   |   |   |   |   |

| Question # |   | Points |
|------------|---|--------|
| 10         | One point if "Poor" or "Very Poor" is checked   |        |
| 11         | One point if "Frequently" or "Always" is checked                                      |        |
| 12         | One point if "Poor" or "Very Poor" is checked   |        |
| 13         | No points for this question.  | 0      |
| 13a        | One point if either "Right ear" OR "Left Ear" is checked,<br>Zero if both are checked |        |
| 13b        | Number of "yes" responses   |        |
| 14         | Number of "yes" responses   |        |
| 15         | Number of "yes" responses   |        |
|            | Add points above [B]  |        |

| Add scores from above: | А         | + | В         | = <u>CEDRA score</u> |
|------------------------|-----------|---|-----------|----------------------|
|                        | $\square$ |   | $\square$ |                      |

## If your score is 4 or higher, you should talk to a doctor about your symptoms.